

Change, Challenge, Change, Achieve  
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# ACRA

# 2010



THURSDAY 12 – SATURDAY 14 AUGUST 2010,  
RYDGES LAKESIDE, CANBERRA

## Invitation to participate

The Australian Cardiovascular Health & Rehabilitation Association welcomes you to a celebration of our 21st birthday in the meeting place of the nation, Canberra. The 2010 Annual Scientific Meeting of ACRA will provide opportunities to reflect on our past achievements and consider the challenges ahead, how we can change the face of cardiovascular health and rehabilitation in Australia, and showcase our achievements.

We look forward to sharing both international and local innovations, as well as some exciting opportunities to enjoy the many attractions that are unique to Canberra. Come along and meet Professor Neil Oldridge, the author of the *MacNew Quality of Life* questionnaire and other tools we use everyday in cardiac rehabilitations.

There will be something for all with an interest in cardiovascular health and rehabilitation, whether it be as a deliverer of care, a researcher, a teacher, a cultural health worker, an administrator or manager, a worker in any aspect of community health, or workers in policy.

## Conference Committee

Robyn Speerin, Convenor  
Margaret Flaherty  
Traven Lea  
Sue Sanderson  
Terri Wieczorski

Craig Cheetham  
Clare Fowler  
Suzie Hooper  
Kellie Roach  
Susan Sierp



## Invited Speaker

**Neil Bryan Oldridge, PhD**

Director, Fellowship Research and Cardiac Rehabilitation, Aurora Cardiovascular Services, Aurora Health Care, Milwaukee, Wisconsin, USA

Board Certifications: Preventive and Rehabilitative Exercise Program Director (American College of Sports Medicine).  
Research interests: Patient outcomes research. Effectiveness and cost-effectiveness of cardiac rehabilitation. Patient health-related quality of life.

Dr Oldridge is the Director of Fellowship Research for the Cardiology and Electrophysiology Fellows of Aurora Sinai Medical Center and is responsible for guiding Fellows in the development of research protocols and projects and for mentoring and training Fellows in the techniques and outcomes of cardiac rehabilitation. Dr Oldridge teaches a regular research seminar series for Fellows with a focus on cardiovascular disease prevention and rehabilitation.

**CALL FOR ABSTRACTS**

[www.cdesign.com.au/acra2010](http://www.cdesign.com.au/acra2010)

## Abstract Submission:

On behalf of the Organising Committee we invite you to submit an abstract for evaluation for presentation at the Meeting. Abstracts are due by 1 March 2010.

Authors are invited to submit abstracts for Oral Paper and Posters. The 250 word abstract should outline the aims and content of the presentation.

All abstracts are to be submitted electronically via the Meeting website, Speakers Zone. If you have any problems with the submission process, please contact Conference Design for assistance.

While you will be asked to indicate your preferred presentation format, the Conference Committee may request an alternative format be considered.

You will be asked to enter:

- Name and address of corresponding author
- Preferred presentation type
- Name/s of author/s
- Affiliation/s of author/s
- Abstract title
- Abstract (250 words)
- Short biography of presenter (100 words).

You will also be asked to advise if the abstract has been presented before, and, if so, where.

## Review Process

All abstracts will undergo a peer-review process by the program committee. The Program Committee will allocate abstracts to the program taking into account the quality of each abstract and the balance of the program.

## Important dates

- |                                    |               |
|------------------------------------|---------------|
| • Abstracts due:                   | 1 March 2010  |
| • Acceptance of abstracts emailed: | 29 March 2010 |
| • Provisional program available:   | 29 March 2010 |
| • Presenters registration due:     | 3 May 2010    |

## Conference Secretariat

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CONFERENCE DESIGN

## Presentation Formats

### Oral Papers

It is anticipated that oral papers will be allocated 20 minutes, plus 5 minutes for question time.

### Workshops

Workshops will be allocated 60 minutes or 90 minutes. Workshops should be interactive sessions and authors should specify in their abstract how this aim will be achieved. Workshops should involve a significant degree of participation from those in attendance and are not meant to be an extended lecture. Workshops that emphasise practical solutions and teach skills are preferred.

### Presented Posters

Presented posters will be displayed for the duration of the conference. Each poster will be allocated a 1-metre wide x 2-metres high panel and the poster must fit within this area. Authors will be given a five minute session to present their work to the conference delegates (with a maximum of four PowerPoint slides). Authors will also be asked to attend their poster during a designated lunch session to discuss the poster with other delegates.

### Static Posters

Static posters will be displayed for the duration of the conference. Each poster will be allocated a 1-metre wide x 2-metres high panel and the poster must fit within this area. There will not be a formal presentation for static posters, but authors will be asked to attend their poster during a designated lunch session to discuss the poster with other delegates.

### PeArLS – Personally Arranged Learning Sessions

PeArL sessions will be allocated 30 minutes, including 10 minutes to define the topic plus 20 minutes for open discussion. PeArL sessions allow an opportunity for those who are developing ideas, those who are taking ideas from development into implementation, and those who are planning evaluation of their ideas, to share discuss and gain insight into their positions by tapping into the wisdom and experience of others.

### Small Group Presentations

Small Group Presentations will be allocated 15 minutes, including 10 minutes presentation time to highlight the main points, followed by 5 minutes discussion.